



# Weatherpane

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CANADA COLLEGE, REDWOOD CITY, CA 94061

MARCH 13, 1981



Dr. Sam Ferguson

## Ferguson questions facilities

Canada's President, Dr. Samuel Ferguson, delivered a speech concerning the past, present, and future of Canada College to an audience of about 60 faculty members and students in the Main Theater on March 10, at 11 am.

Ferguson began his speech with a discussion of the recent administration survey taken at Canada. He discussed the results of the survey and addressed faculty concerning possible solutions and recommendations. He described the history of Canada as a struggle for survival. Outlining the budget status and past enrollment, he relayed the feelings of anxiety and disappointment at the effects Proposition 13 had on the College. He mentioned the program losses and reduction in funding, and the decrease of innovation and program creativity. Administrative changes effected attitudes, and survival instincts replaced creativity. Ferguson concluded the summary of Canada's turbulent history by voicing the obstacles Canada encountered and overcame.

Ferguson then jumped into a discussion of problems currently being encountered. He talked about better library facilities, limited physical education facilities, lack of a student lounge, and poor accessibility for disabled students. He added that increased enrollment would secure the funds needed to obtain and expand these facilities. Ferguson compared Canada to other community colleges and pointed out that Canada receives the

least amount of expendable dollars for these purposes.

Moving in a more optimistic direction, Ferguson mentioned the hiring of a full-time health counselor to provide comfort to staff and students. Increasing enrollment was noted. Adding to the list of achievements Ferguson noted creative programs and off-campus classes. Much of the speech centered on the problems of the college, and difficulties in management. However, Dr. Ferguson commented that the College has continued to progress in spite of these setbacks.

In reviewing Canada's future, Dr. Ferguson stressed the importance of a stable and permanent administrative team. He added that faculty morale was reportedly low, but did not clearly define the reasons for this attitude.

He assessed his own role as a president, and expressed his desire to attain awareness and understanding of future problems and changes. He declared student needs should be the first consideration in all situations. He suggested constructive criticism within the administrative structure, a strong show of interest in student activities, and programs geared to student needs. Dr. Ferguson closed his speech with strong words of encouragement and a vow of dedication to the students of Canada.

He followed this statement with an invitation to ask questions. Theresa Novi

## Chancellor's search for next college president

The District Board of Trustees has recently approved the commencement of a national search to fill the "acting" presidential position at Canada. A recent memorandum from Chancellor Glenn Smith to Faculty Senate Chairperson Lora Todesco has officially begun the procedure, naming a liaison to assist in communications between Canada and the district outlining basic criteria for a selection committee and a tentative application deadline.

The tentative selection committee is to consist of seven members, including one member from classified personnel. It will also include one faculty member, three administrators, one representative from the district and one student. Chancellor Smith had stressed all members will be chosen from a selection process to be decided by Canada. The responsibility of the screening committee is

to take the initial steps in officially announcing the search and sending out the proper literature along with setting the basic, but essentially important, criteria which all applicants must meet. Anyone both inside, as well as outside, the district who meets the criteria may apply. The tentative deadline for applications has been set at May 1.

The tentative May 1 deadline suggests the hope that the selection process will not have to spill over through finals and eventually the summer session. It is generally believed the earlier the procedure gets under way the more faculty and administrative participation will result. It will also allow for a wider range of better applicants.

Chancellor Smith has stated he will be in close contact with both the governing council as well as the screening committee. He hopes for an efficient understanding of

both the qualifications of the applicants as well as the present needs of the institution in his final choice for a permanent president of Canada.

Vic Cizancas

### \*\*\*\*\* Late Bulletin \*\*\*\*\*

Any student who is enrolled full time at Canada (12 units or more) and is interested in serving on the committee to select the college's next president should drop by the Dean of Student Services' office before 4:30 pm, next Monday, March 16 and fill out a short application.

All students who apply will be considered by the student senate. Three nominees will be forwarded to the Chancellor for final consideration.

## Bank of America announces college awards finalists

The Canada College Faculty Committee has selected the finalists who will compete in the Bank of America Community College Awards. The winners are Karen Johnson (Redwood City), Social Science-Humanities; Lillian Mancarte (Belmont), business; Melody Heard (Redwood City), Science engineering; and Madelaine Bennet (San Carlos), technical vocational. All the winners are second year students at Canada.

The competition is a statewide program designed to recognize and honor outstanding students whose grades and leadership give promise of future success.

Karen Johnson, a reentry student, is a typical winner. She is hoping to pursue a career in law after Canada. For her, the prize money would make law school a reality.

The selection process begins at the individual community colleges where the students chosen will be eligible for the next level of competition, the Area Selection



Bank of America—Lillian Mancarte, Madelaine Bennett, Karen Johnson, Melody Heard.



# all things considered...

## feed forward

Chancellor Glenn Smith's recent decision to set the wheels turning in the search for Canada's next president was a wise one. Smith's unprecedented plan to delegate the selection process to students, classified employees, faculty, and administration is a move we feel will benefit the college in more ways than one.

Input from all parties will result, we hope, in a new spirit of involvement at Canada. The selection will be a positive step towards opening stagnated communication lines and restoring faith in an administration that we all will directly or indirectly help to shape.

We are confident the man or woman chosen for the post will have qualities important to the Chancellor as well as attributes the janitor's value. Some qualities we would like to see in the new president are:

- Proven competency

- Proven leadership abilities
  - An innovative attitude that motivates others to think creatively
  - The ability to communicate and work cooperatively with the district, the faculty, the students, and the community
  - The ability to select people on an objective basis
  - The ability to lobby aggressively for funding, and to deal with budget limitations pragmatically
  - And, above all else, compassion and sensitivity; for East Palo Alto as well as Atherton.
  - And, above all else, compassion and sensitivity; for East Palo Alto as well as Atherton. Canada is a diverse college; we hope the next president will have a clear idea of the college's role in the different communities it serves.
- That's a pretty tall order, but as one recent US president said, "Why not the best?"  
We believe nobody is more qualified to select

Canada's next president than those who will have to deal with him or her; all of us. Chancellor Smith's decision to leave the selection process up to our campus is a weighty responsibility and a great opportunity to strengthen Canada. We hope the chance to take the course of the college in our own hands will give us pause to consider just what kind of a person we want in the driver's seat. The opportunity for new communication and a new sense of direction has been extended.

Now the decision is up to us.

The Weathervane would like to know what you are looking for in Canada's next president. Our next issue will contain faculty, student, and administrative perspectives on the selection. If you wish to express your point of view, drop a note in the campus mail or stop by our offices in 17-112.

The Editors

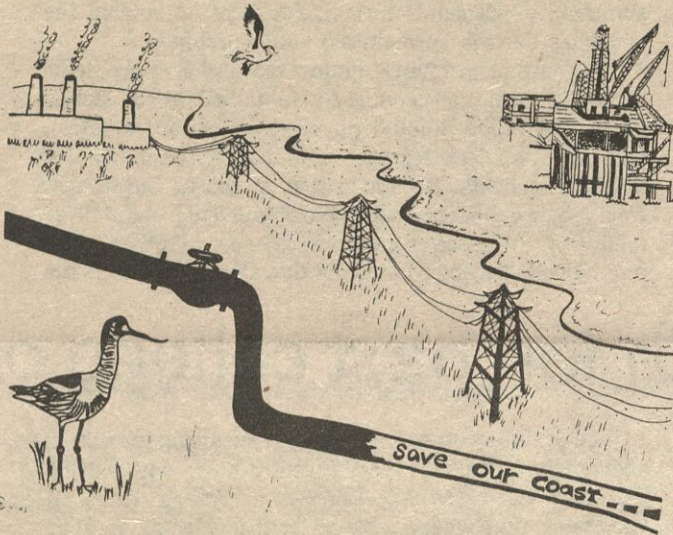
## Coastal drilling debate awaits Reagan's decision

There is a royal battle looming on our San Mateo coast horizon which may have profound effects on California, the nation and you. It is California's first confrontation with the Reagan administration, and it promises to set the environmental directions for the 1980's. The question is, does the Federal government have the right to sell or lease public property (the outer continental shelf, OCS, oil and gas reserves) without State and local approval?

Reagan's controversial new Secretary of Interior, James Watt, has announced he is opening the four oil and gas basins, offshore central and northern California, for exploration and development. This is known as Lease Sale No. 53. The fact that this is Watt's first major act as Secretary of Interior, is significant.

Public participation in the process of this new "Proposed Notice of Sale," is mandated by the OCS Lands Act Amendments of 1978. Yet Watt has not invited public participation and is expected to proceed with the "Final Notice of Sale," next month, April. Whether this is legal is definitely open to question, and the Department will most likely be taken to court, probably by the State of California. Although President Reagan campaigned on a

promise to return to local government the control over those decisions which most closely affect them, that promise could prove to be rhetoric.



Opposition to Lease Sale No. 53 has been building a united front over the last several years, with every local and county government, the State of California and almost the entire California Congressional delegation joining the battle. An environmental coalition on Lease Sale No. 53 has been formed, made up of close to 40 environmental organizations, fishermen's associations and citizen groups from throughout central and northern

California.

The area of Lease Sale No. 53 extends along a 500 mile scenic shoreline from Santa Barbara to the Oregon border. This fragile and pristine coast of California is one of the world's most spectacular and unique shores. Although long considered by thousands of yearly tourists, as one of America's great natural treasures, the California Coast is now threatened with becoming the latest in the Federal government's 'National Sacrifice Areas.'

Not only is the California fishing industry threatened, but the onshore impacts of offshore oil and gas drilling, would bring unsightly processing facilities, increased air pollution, disruption of local economies and almost certain pollution of the rich biology of Pescadero Marsh and the Fitzgerald Marine Reserve.

Any onshore facilities, built in the coastal zone, have geological hazards due to earthquake faults. Even distant earthquakes can result in seismic sea waves, reaching heights of 130 feet. What havoc could gas processing plants, refineries, oil storage areas, heavy industry traffic, bring to our coast?

Congressman Tom Lantos, San Mateo, has announced that the Energy, Environment and Natural Resources Subcommittee of the Committee on Government Operations, has scheduled a field hearing, on Lease Sale No. 53. The hearing will start at 9:30 a.m. Wednesday, April 1 at the Skyline College Theater in San Bruno. California Gov. Jerry Brown is scheduled to testify. The public is invited to attend or to testify.

Claire Feder

### In memoriam

We at Canada feel grief and compassion because of the sudden death of Lee Mahood's 19-year-old daughter, Sarah. There is nothing for us to do but show we care. The word, care, finds its root in the Gothic "cara" which means lament. The basic meaning of care is to grieve, to experience sorrow, to cry out. We all do care. Some of you may want to contact Lee directly. Others may want to send contributions to Bonny Upton in the Counseling Office. These donations will be used in any way that Lee wishes.

## Weathervane

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## Question Man:

### Why is Canada unique?



"Different atmosphere. I just came from high school and I'm used to people not going to classes."

Carla Reed  
undecided.



"I like it, it's very nice place, I enjoy here."

Sabrina Perez  
Medicine.



"Small, it's relatively quiet compared to other colleges."

Mike Claire  
Business.



"The hills, the views..."  
Perry Kirkendollo

undecided.



"Small!"

Naoko Umemura,

Business.



"It's a lot friendlier, standards are higher."

Jody Bettar

Business.

photo by George Walruff



# The world through an instructor's eye

As a high-school student, I worked for a time in a men's clothing store. The thrifty farmers, who comprised a significant part of the clientele of any merchant in the small Oregon town where I grew up, often passed us by, complaining of our prices. My boss' rejoinder was always the same: "David, we don't have to apologize for our prices. We charge a fair markup, and the quality of our clothes is excellent. You will learn later in life that you always get what you pay for."

I have since become a sometime-do-it-yourself-homeowner, and I have often reflected on those words. I had to learn the hard way that an apparent short-term gain can easily become a long-term expense. To my chagrin, I have bought cheap paint, tools, water heaters, only to find that my savings were illusory.

San Francisco mayor Diane Feinstein recently had recourse to this penny-wise, pound-foolish philosophy when she made her appeal for a \$5.2 million increase in the city budget to fight crime. Her plea was, in effect, that budget reductions have forced the police department to cut back services so much that it could not cope with the - apparently alarming increase in crime in San Francisco. The supervisors were quick to endorse the move, because, although the accepted political stance these days is to be against budget increases, it is safer still to be against crime. No one suggests police incompetence. It is obviously a case of spending enough money to buy the

services. The Reagan administration's current proposals for vast increases in the military budget show clearly that the same reasoning makes good politics when the cause is fighting communism.

Similar concerns have recently surfaced in the field of public education. Some staff members of the University of California have voiced their consternation at the low reading and writing skills of entering students at the UC campuses. Likewise, school officials express increasing worry at the prospect that this year, for the first time, many high school seniors will not receive diplomas because of their inability to pass the basic competency exams.

In the resulting outcry over the causes of these shortcomings in our educational system, one hears many explanations. Teachers are not doing their job. Too many children come from broken homes. American homes provide a poor learning environment. And so on.

Strangely, I have never once heard it suggested that the problem might be that we are spending too little money on our schools. Yet, it could be instructive to note some facts in this area.

During the post World War II population explosion in California, education enjoyed a high priority in the legislature. Public officials consciously set about constructing the finest educational system in the world—from kindergarten through graduate school—and they suc-

ceeded. They were proud to point to the fact that year in and year out, California spent more money per pupil per year than any other state. Later, the California Supreme Court, in its landmark Serrano vs. Priest decision, affirmed the principle that there is a direct correlation between the amount of money spent and the quality of the educational program. The decision subsequently required the equalization of expenditures in districts throughout the state.

Since those days, partly as a result of the Serrano vs. Priest decision, and long before Proposition 13, expenditures on education in California began to decline. We slipped from first to fifth to eighth and on down in per-pupil expenditure.

For the 1979-80 school year, a period in which California was the wealthiest, more populous state, with per capita income fifth from the top, the per-pupil expenditure was \$2000. This placed California 26th among the 50 states, behind such states as Kansas and Nebraska and far behind New York at \$3153.

If I were only a parent, and a member of the teaching profession, perhaps I could consider the figures a curious coincidence. I cannot. It is too painful to me to see what has happened only to recall the admonition of my former boss and ask: "Is it possible, just possible, that in education, too, we get what we pay for?"

David Eakin

## Students benefit by HCOP found only at Canada

Tabia Davis is heading toward a career in radiology, thanks largely to the efforts of the Health Careers Opportunity Program (HCOP) at Canada. Tabia has faced much adversity and hardship in her academic life and now through HCOP has been guided toward fulfilling some goals that at one time seemed unreachable.

"I passed the GED equivalency test and went to Foothill College. I did well, in all the courses except algebra and chemistry. I had to drop out because these courses were way over my head. I wanted a medical career but knew I couldn't make it if I didn't pass science and math," said Tabia.

Tabia had been out of school for six years before coming to Canada. Her return to college was difficult as she had many problems. "I had four children, no job and was looking for a place to live. I was also nervous about going back to school again," smiled Tabia. "HCOP gave me all the support I needed. HCOP gave me the direction to help solve my problems. I had good counseling and lots of caring support. I was given a plan and logical steps to follow," smiles Tabia.

Last semester I took the introductory courses in chemistry and physics. I finally got the basic ground work that I couldn't get at high school or other schools. Three of us from HCOP are now in the freshman chemistry class. A lot of the students are struggling with the class. We from HCOP have been so well prepared that we feel very comfortable and the material is not really difficult to

comprehend," said Tobia. Thanks to HCOP Tobia Davis now feels optimistic about a future in radiology.

Tobia's problems are typical of many of the HCOP students. Many individuals want to enter a health profession but are discouraged at the start because it is seemingly too difficult or impossible to catch up. "Go the Medical-Health Career route if looking for a guaranteed future" states the 1981 Careerism Newsletter. But the problem of how to do it is enormous for people who have had severe academic problems in high school, have been out of school for some length of time, or who, for a variety of reasons, have had no basic preparation in the sciences. Re-entry women, who often hold college degrees, may be attracted to a health related field but find it impossible to enter because they have had no science courses.

Canada's HCOP, whose funding runs out in July, offers unique services which directly address the problems of the disadvantaged student. Guidance, counseling, tutoring and enrichment programs are provided by HCOP. Motivation is often a major key to academic problems. Dr. Coline Walden, Instructional Coordinator at Canada, states "the HCOP counseling division makes an important contribution to learning. Guidance and support are necessary to a student. In order to make academic gains, the underprepared must be trained in the behavior necessary to become successful."

HCOP addresses student's personal problems of how to start, how to take math and science courses, what steps to follow to head toward a particular career. HCOP gives students the awareness of available professions. Personal and realistic counseling is given to meet the needs of each person.

Esmeralda Gonzalez, 26 year old Canada student has just returned to school. "I switched from the social sciences which were easy for me. I want to go into hospital administration. HCOP provided me with the information I could not get on my own. We are all pulling together as a group of students. We are encouraged and supported which makes all the difference in our ability to work. Someone cares about us and helps us."

Martin Sanchez dropped out of high school in his junior year. He was a MGM (Multiply Gifted Minor) student and in advanced English. "I left because school wasn't interesting. I was working in an electronic assembly plant until the summer of '79. I came to a HCOP program and suddenly was made to realize a lot of things my regular school counselor never got through to me. I finished my high school requirements at Canada. I took the 600 classes in math and science (the basic preparation classes). I am now in the regular freshmen courses.



HCOP students study for chemistry with Dr. Colene Walder.

## HCOP students meet with College President

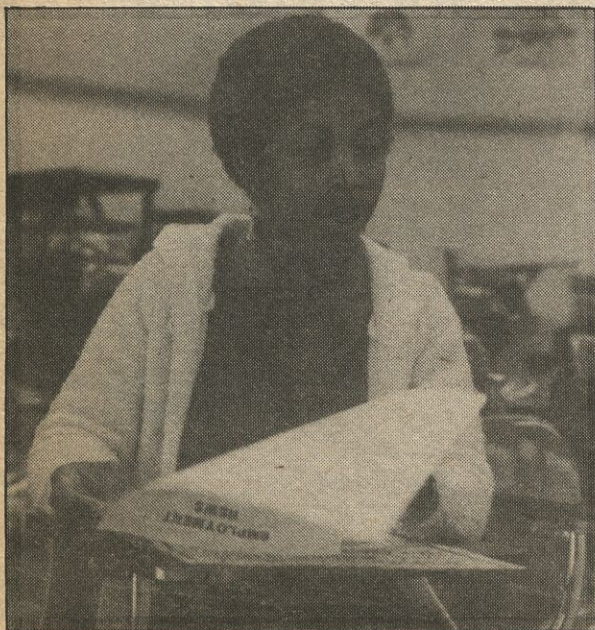
Fifty students are presently enrolled in the Health Careers Program at Canada. Because it was not renewed, Federal funding for the program expires in July. The students who are planning to continue the program are feeling displaced and neglected. The loss of this program to future students planning to enroll will also be serious.

Over 15 students from HCOP (Health Careers Opportunity Program) met on March 9 with President Dr. Samuel Ferguson to voice their concern for the loss of HCOP as part of the Canada curriculum next year. The students were adamant in expressing their desire for the continuation of HCOP or a similar program. Testimony was given by a number of students telling the importance of HCOP to their careers. The students wanted to know what commitment the college has toward maintaining and developing basic math and science courses, guidance and tutorial services, and enrichment programs.

Ferguson summed up the history of the program and stated the reasons for the lack of renewal of the HCOP grant. Ferguson went on to say the college, meaning the staff, has not demonstrated a commitment to HCOP.

Dr. Ferguson said he has requested a continuation of HCOP activities and a science workshop for the summer. He also proposed continuation of baseline science courses in the fall, accompanied by special counseling. He discussed the problem of funding for the program. "I will do all in my power to get the program continued. I will personally seek funds to maintain the program as an entity. We will need district funds and outside funds for support."

The students emphasized their desire, in no uncertain terms, for a commitment on the part of the college to the continuation of HCOP. It is evident that without support of the college administrators, instructors and staff a program attempting to serve students cannot succeed.

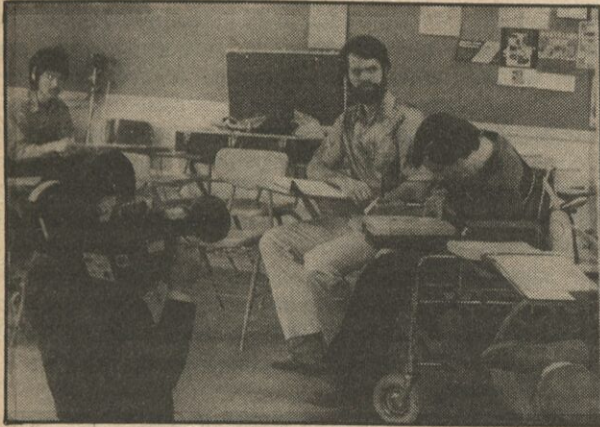


Tabia Davis HCOP student.

Photo by Diana Coo



# Student pioneers vocal device: attracts film crew



Peter Manley Aviles is shown above operating his Handi-Voice in a Canada classroom. This determined student is working with an electronic device that allows him to listen, observe and communicate in five college classes. Shown with Aviles is a German film crew here to tape this remarkable young student.

Peter Manley Aviles is famous. The 21-year old Canada College student is a pioneer in developing a unique means of communication which was the focus of North German Television coming to Canada for film footage.

Aviles (pronounced ah-vill-es) appeared early this year on the nationally-televised United Cerebral Palsy Telethon, on which he demonstrated the use of a typewriter he uses with a key-depressor strapped to his foot.

But Aviles' main claim to notoriety at present is his development of the use of his Handi-Voice, an electronic talking machine at which he is talented at using. Only imagination and effort separate his daily activities from those of less-visible people on campus.

Ready for a day in his wheelchair, a motorized, nightly-charged workhorse that gets him around Canada and College of San Mateo, the Journalism major will observe, listen, and communicate with an insight that sees him through five college courses.

The major means of talking is Aviles' talking board, a sturdy, canvas-tough placard printed with an assemblage of words, letters, prefixes and suffixes. "I think that

rights for the handicapped are getting more demanding," said the San Carlos resident. "But people will accept us for who we are," he added.

Aviles enjoys music, reading, writing poetry, and friends. Among his favorite musical artists is Dan Fogelberg, "A terrific songwriter," he points out with his left index finger.

"I don't like TV," he pauses, "Not that much. I like M.A.S.H., though, because it is a humanist show." What does "humanist" mean to a person who, for the main duration of his day, gets around by means of an electric wheelchair?

The question can perhaps be answered by citing an experience which Aviles had on his way to this tory interview:

On his way down the asphalt pathway toward the Cantina, Aviles pepped up the speed of his wheelchair; the wheelchair gained momentum at the main turn; the small front wheels of the vehicle veered right, putting Aviles into the some blue-blossom vines 20 feet above the other pathway. "I did this before," Aviles commented. "A hammer will fix it."

Ruben Herrera

## On Campus

The Canada Christian Fellowship meets every Wednesday from 12-1 in Building 18, room 117 and every Thursday from 12-1 in Building 13, room 13.

"Surviving Your Teenagers," the topic of discussion in a lecture sponsored by the Women's Center, will be held on Wednesday, March 18 at 11 am in the Women's Center.

Dana Schwartz, a licensed Marriage and Family Counselor, will center the discussion around the developmental path for adolescents, family communication, and creating a supportive environment in a family situation.

Schwartz, who has worked for over 10 years counseling adolescents and their families, will continue the discussion with ideas and questions from those attending.

The Canada Symphonic Band, under the direction of Maestro Alan Schackne, will present its annual "Ides of March" concert on Thursday, March 19, at 8 pm in the Main Theatre.

The program includes works by Handel, Dvorak, Johann Strauss, Bartok and Sousa.

"Children of Divorced Parents," the discussion presented by the Women's Center, will be held from 12-2 pm on Monday, March 16 in the Media Center.

The discussion will be preceded by a related tape of the Phil Donahue Show as part of the continuing Donahue Video Tape Discussion Series. The problems encountered by children of divorced parents will be discussed, along with various ways to deal with those problems.

The Women's Center will host a lecture titled "Ancient and Modern Maya of Guatemala" on Thursday, March 19, from 12 to 1:30 p.m. in Building 16, room 5.

Jim Steidel, Canada history instructor, will discuss the Maya, "one of the most distinguished civilizations of all antiquity." The topics that will be discussed are the pre-Columbian era, the conquest and the colonial period, and Guatemala today.

The Mendelssohn First Trio, performed by guest artists in Canada's continuing Thursday Music Recitals; will be held March 19 at 11:10 am in the Choral Room, Building 3.

The trio is composed of Anne Hershey on cello, Sherry Bjorkland as pianist, and Michael Graycar as violinist.

A film and lecture on holistic health will be sponsored by the Social Sciences Division on Wednesday, March 18, beginning at noon in Building 2, room 210.

"Body, Mind and Spirit" is the title of the film which seeks to put together the different aspects of an ideal holistic health center. Holistic health entails "treating the whole person" rather than a specific ailment.

Following the film, Dr. Jim MacKimmie, a chiropractor and well-known lecturer on diet, medicine and optimum health, will present his lecture "The Power of Love."

### DECISIONS IN HEALTH SERIES

Edwina Anderson and Judith Moore, R.N., will present a talk on understanding and managing tension or "How to Cope with Butterflies in Your Stomach," to be presented on Thursday, March 19 at 12:30 p.m. in the Multipurpose Room.

"Coping in a Relationship World," a lecture by Randy Silver, director of the Family Counseling Associates, will be presented on Monday, March 16 at 12:30 p.m. in the Multi-urpose Room.

Silver, whose background includes State Executive Director of the California Human Services Organization and lecturer at UC Davis School of Medicine, among others, plans to center his discussion around relationships and adjustment, or "Getting Unstuck: Making Things Better for Yourself and Others." This topic rated high interest in a survey conducted by the Student Health Service.

A "CPR Introduction" lecture and film will be presented on Tuesday, March 17 at 12:30 pm in the Multipurpose Room.

Shirley Turner, a cardio-pulmonary resuscitation (CPR) instructor for the San Mateo County Chapter of the American Red Cross, will present the lecture, which she will follow in April with six courses leading to the CPR certificate.

"The New Male" is the title of a Phil Donahue videotape to be screened Monday, March 23 in the Women's Center from 12 to 2. Following the tape will be a discussion of the issues and conflicts that confront today's male.

A tourism club meeting will take place on March 19 in Building 13, Room 113, starting at 4:40 pm. The meeting will feature Mr. Duncan Beardsley, director of Cruise Lines International Association, who will make a presentation on how to successfully sell cruise vacation travel. All tourism students are encouraged to attend. However, membership in the tourism club is not a requirement for attendance.

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## Neilson conducting annual T.V. ratings

It's been a long day, with the busy monotony of school and the hum-drum-drum of a part-time job still lingering in my mind.

After fighting off my conscience trying to complete cheat notes for an upcoming anthropology test, I finally settle down to a friendly rendezvous with Johnny Carson.

Before I completely relax I must resign myself to another voluntary chore, for I am one of those select few who determine what the American television viewing public will see, that is because I am part of a Nielsen rating family.

Of course established programs like Johnny Carson's Tonight Show are in no danger of cancellation, but many infamous pilots such as the now forgotten "San Pedro Beach Bums," or more recently "A Man called Sloan" are subject to the scrutiny of the potential 4,200 Nielsen families.

Nielsen's TV rating system is the primary source for determining what shows make it and what shows get the axe.

Just as substantial is that the Nielsen ratings is an important determinant in advertising revenue, with many Wall Street analysts checking rating trends before the earning statements in the morning.

The Nielsen rating system works like this: 1,600 families supposedly encompassing America's social spheres voluntarily accept the "Nielsen Box" or audiometer which records the television's exact family viewing habits.

Another 3,200 families, such as mine, are sent television diaries in the prime rating weeks of February, May, July and November.

Only half of the audiometered and supplemental logbooked families send back their results to the Nielsen Research Center in Sarasota, Florida.

This means that only 2,100 families determine what 76,300,000 other families will watch on TV in the next year, but also in what products will be advertised as well. So, as

you can see, there is more than just showing the popularity of a TV program than meets the eye.

At first it is an interesting feeling to be selected as part of the Nielsen rating family, knowing that you have the power to dictate in a small way what remains on the air and what gets scrapped.

The system certainly works in terms of popularity, but not in quality.

A qualitative TV research study headed by Ralph Nadar showed "I Claudius" to be first in perceived quality but only 46th in the quantitative ratings while "Happy Days" ranked third in number of viewers while 27th in terms of quality.

I would like to think Americans are more sophisticated than the ratings show but the truth is that more people rather watch "Dukes of Hazzard" than "Masterpiece Theater" a British produced show I might add.

There's a very strong sense of show favoritism, for example putting the names of your favorite shows on the logbook even though you haven't actually watched it which I myself of course have never done.

Every time you do switch on the TV there is this guilty feeling that you yourself are adding to the appalling ever increasing amount of TV being watched. It almost wants to make you go out and pay \$4 for a movie.

It has also become very chic among educated people to proclaim their disdain for commercial television. I'm wondering though that maybe once those erudites have watched reruns of "The Twilight Zone" with their collection of Thomas Hardy novels still on the shelf.

With the cable and video revolution right on the brink of explosion, it will become interesting to see how the ratings affect the networks and the stock they hold in them.

When we return our Nielsen logbook, I, at least, will have known that I have done my small share in helping to shape the television medium.

John Crook



Terry Brown delivers oration.

## Black history week concludes

Black history week came to a climax with Terry Brown, BSC. Pres. delivering an emotional and eloquent rendition of Dr. Martin Luther King's speech "I Have A Dream."

"Let freedom ring.

And when this happens, when we allow freedom to ring...we will be able to speed up that day when all of God's children, black men and white men, Jews and Gentiles, Protestants and Catholics will be able to join hands and sing in the words of the old Negro spiritual 'free at last, free at last, thank God almighty we're free at last.'"

Accompanied by cheers and bravo's, Brown received a standing ovation in Canada's Main theater.

Black history week was organized at Canada by the students to celebrate the national commemoration. Members of the community from different fields addressed large audiences.

Unity, education, and discipline were the underlying theme stressed by each of the speakers. Unity to survive as a race, discipline to continue, and education to move on. The message was sung loud and clearly to appreciative ears.

Ms. Claire Mack of KCSM spoke energetically on the need for black people to participate in community affairs. "Make yourself heard" implored Mack "the squeaking wheel gets the oil."

Dr. Khalil Faheem, from KDIA said "We must create an agenda for survival. Third world countries will be in power controlling the energy and resources of the world. We must be prepared for leadership roles."

Rev. Fred Campbell spoke passionately on the need for the blacks to condition themselves collectively for the long distance run. "We must not have a sprint mentality with no discipline for the long distance run. Too many of us want immediate gratification. Academia, college and practical skills are necessary for long distance planning. Only mushrooms grow overnight!"

The culmination of the ceremonies came when Canada's Joanna Jacobs was escorted to the stage by Canada instructor Jim Keyes and Eric Thomas. She was honored with a bouquet of roses and a congratulatory speech by Frank Johnson. Jacobs was presented with a plaque in appreciation for her dedicated services and her effort to inspire and motivate all students.



Joanna Jacobs receives award.

## Canada instructors sound off on student disturbances in class

An informal survey was conducted among various faculty members this week on the subject of their individual pet peeves as teachers. As might be expected, the most frequent responses were: late students, absent students, and constant talkers. But there were also many unusual answers. Although not all of the responses could be listed, some are excerpted below, preceded by the name of the instructor:

James Collins (ECON.): "students who say 'Can I do extra work to bring up my grade?' students who snifle during exams, students who don't write their names on papers."

Sherwood Harrington (ASTR): "people who answer rhetorical questions, and those who are so obsessed with rules and regulations that they lose the joy of education."

Mervin Giuntoli (BIOL.): "students who stare at my fish, are chronically tardy, or sigh loudly."

Robert Curtis (DRAMA): "students whose parents, grandparents, brothers or sisters suddenly die the evening before a major assignment is due; boring faculty members who insist on sharing the same lunch table as me; acting students who insist on doing Shakespeare and Chekhov when they haven't mastered Peanuts."

Peter Gunderson (GEOG.): "radios playing loudly in the cafeteria, students who miss a series of classes and then say 'Have I missed anything important?' constant talking by the wall huggers."

Michael Hancock (SOCL.): "people clipping their nails in class."

Kent Crockett (SPCH.) "late arrivals, chewing gum, students who bring coffee and food into class, dotting 'i's' with a circle, the insertion of "like" and "you know" in sentences—all of which are indications of an unwillingness to abandon adolescence."

Pamela Stein (ENGL.): "tittering and twittering, unimaginative excuse making, students who turn in a rough draft instead of a polished piece, intensely personal grooming in class."

Joseph Fuhrig (ECON): "chewing gum loudly, the high school "captive" attitude some people possess."

Carey Roth (D.P., ACTG.): "students who circle Scanton forms in ink instead of filling them in with pencil; scheduling "mandatory" field trips where no one attends."

Eldon Earnhardt (ANTHRO.): "closing books two minutes before the class is over, writing in red ink, music blasting from portable radios."

Maurice Sweatt (BIOL.): "tardy students, absent students, inattentive students, and habitual talkers."

Timothy Norman (MATH): "students who think they can learn math by not attending class, teachers who "steal" furniture (desks, podiums, etc.) and don't return them, teachers who might take reprisals against me."

Dan Clarke

## Women Move into future careers

Many women attend Canada to gain skills to help them change or further their careers. Two of these are Jean Andrus and Joni Harper.

Jean Andrus attends the Career Planning course taught by Lee Sonntag. She is a homemaker whose last child went off to college. She decided to get a job but instead of jumping into the job market, she thought she should take classes first to "see what's out there." She is not certain of her career plans.

Joni Harper began working for the County, in October, 1972, doing clerical work, and worked her way up in the social work area to eligibility worker. She wants to

obtain her teaching credentials and go on to law school. She would like to stay with the frame of social work but does not believe she could progress much further without a degree.

She believes more options will be available to her if she has a degree and that there will be less danger of getting caught in a job with no options. She also believes it may bring her better pay and further her self-growth.

Not only will her worth be increased in her profession, she says, "it will give me room to explore different avenues and careers." She believes education allows her more flexibility and will broaden her perspectives.

Karen Balrd



# livelivelivelivelivelivelivelivelivelivelive

## Billboard



### Live Concerts

Boomtown Rats, March 21-8 p.m., at the Warfield Theater.

Pat Travers, March 21-8 p.m., at the Cow Palace.

### Clubs

#### Tonight

The Tazmanian Devils and the Contractions at the Old Waldorf in SF

Earl Zero and the Fabulous Titans at the Keystone Berkeley

Billy Philadelphia at Major Pond's in SF

The Black and Blue Bash at the Tenth St. Hall in SF, featuring: Flipper, No Alternative, the Lewd, Social Unrest, and Wundz

The Hoovers and the Boxboys at the Fab Mab in SF  
Back In The Saddle, at Barney Steel's, Redwood City.  
Edgar Winter, at the Bodega, in Campbell.

Tom Fogerty & Festival, at The Cellar, in Los Altos.

Cornell Hurd Band, at The Country Store, in Sunnyvale.

Chaser, at Fargos, in Mt. View.

Jules Broussard, at Mr. Hyde's, in San Francisco.

Ray Buchanan, at The Princeton Inn, Half Moon Bay.

The Press, at Smokey Mountain, in Campbell.

Hush, at The New Oasis, in Burlingame.

Mojo, Jimmy Night, at The Palms, in San Francisco.

#### Saturday

The Lloyds and the Spys at the Berkeley Square in Berkeley

No Sisters and the Boxboys at the Fab Mab in SF

SVT at the Old Waldorf in SF

The Hoovers and the Instamoids at the Palms in SF

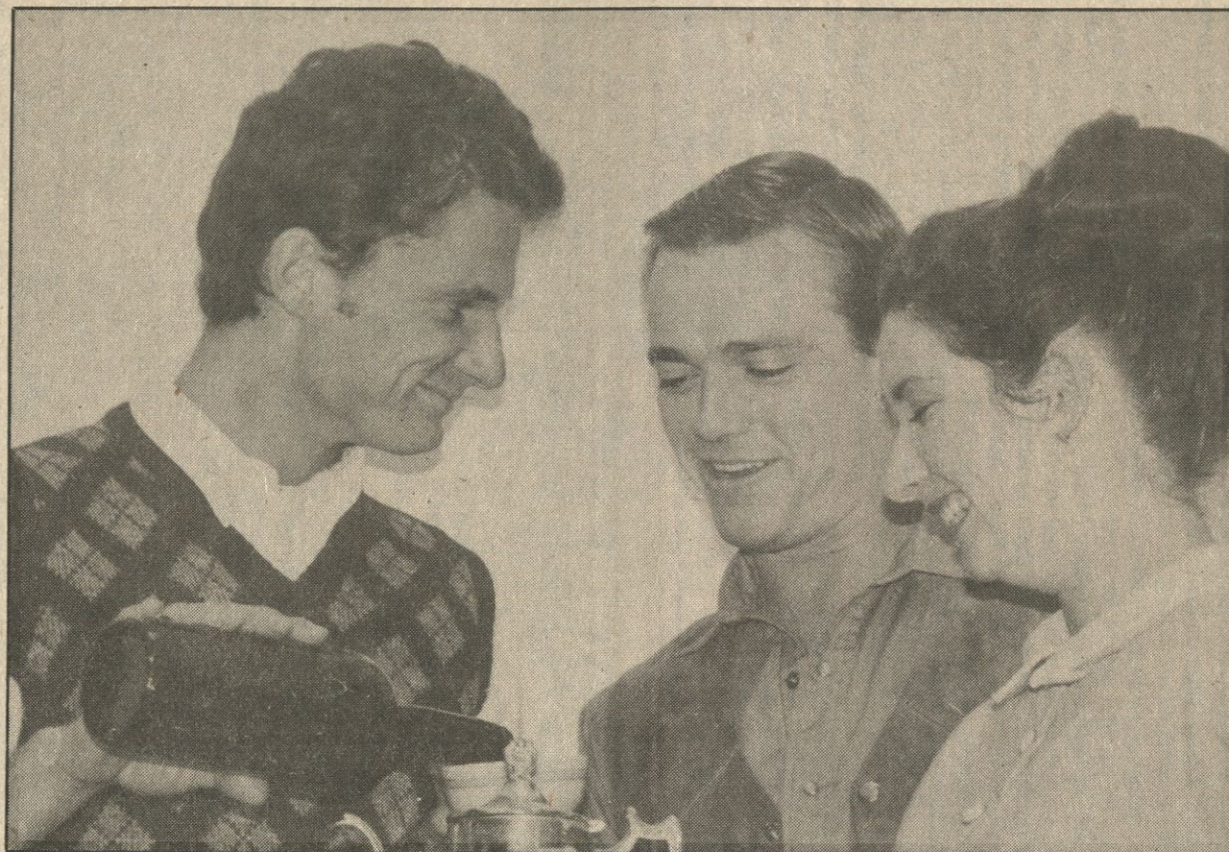
Cha Cha Billy and the Reggies at Le Disque in SF

Das Blok and Eye Protection at the New Oasis in Burlingame

Merlin, at Barney Steel's.

The Toons, at The Cellar

Cornell Hurd Band, at the Country.



## Comedy gives insight

Looking for entertainment? Tired of staring at the TV hoping for something worthwhile to appear? Drag your body off the living room couch and treat yourself to Tennessee Williams' play "Period of Adjustment." This will run March 19-21 and March 27-28 in the Flexible Theatre.

Even though the play is a comedy, director Bob Curtis believes it speaks directly to the audience affording them a little insight into their own lives. Curtis said "The play offers a wide variety of humor, both broad and subtle. But it also has a serious undertone because it lets people see that the world on stage is the same as the world they live in. The play is solid, we have a very strong cast, and, as

always, Williams' characters are beautifully drawn."

"Period of Adjustment" is a comedy about two married couples who share the same house. Now that may sound ordinary enough, until we discover the house is situated over a sinking cavern. To complicate things a bit, Williams throws in some nosy in-laws, a blase cop, and a confused maid. The main characters are Tom Parker, who portrays Ralph Bates, Evvi Barth as Isabel Haverstick and Mike Chappell playing George Haverstick. Set designer is Marty Lepisto, and costume designer is Lori Burdett.

Show time is 8 pm. General admission is \$2, students and seniors \$1.

## Five Hot Records Reviewed

"Woke Up This Morning and Found Myself Dead" Jimi Hendrix featuring Jim Morrison.

The present hype of this album along with the current popularity of Jim Morrison and the Doors give this disk much more notoriety than it's worth.

Recorded at the Scene Club in New York, this album is just another jam epitaph in the name of Jimi Hendrix. Morrison is barely distinguishable and sounds like the

Screaming." The only non-original is Randy Newman's "It's Going to Rain Today."

I don't know if UB40 are the ones destined to bring reggae to America, but their a fine young group with a debut album to be proud of.

John Crook

The Gap Band, after attempting to make the top 20

## Henning Puts On Amazing Show

Do you believe magicians and their magic are only for parties and night clubs? If so, you obviously did not have the pleasure in seeing Doug Henning while he performed at the San Francisco Memorial Opera House Feb. 25-March 7.

"Yes he's amazing, he walked through a brick wall, and sawed two girls in half. Then at the end he turned one of those girls on stage into a huge Bengal tiger," said one wide-eyed fan as she left a performance.

What the girl didn't say was that throughout the show Henning maintained a steady tempo. He did this using musical and magical feats. All of which were unbelievable.

Henning's sets were exquisite, mystical, and pleasant to the eye. These along with perfectly timed audio effects made for a very dramatic performance. In any case the audiences' reaction said it all when at the end of the show they gave him a performer's highest honor, a standing ovation.

Large productions are not uncommon to Henning's past. In 1973 he borrowed money, and with the help of a producer friend, Ivan Reitman, produced his first show "Spellbound." The show broke every box-office record at the Royal Alexander Theater in Toronto, and attracted the attention of Broadway producers.

The producers took the show to New York, and promoted it as "The Magic Show." So in 1974 the show opened "on Broadway," where it ran for five years, making it one of the longest running musicals in Broadway history. Henning's dazzling performance won him a nomination for a Tony Award.

During his three years on Broadway, Henning continued to expand his career in different directions. In 1975 the first "Doug Henning's World of Magic" show with guest star Bill Cosby was aired on NBC. The show was viewed by 50 million people. It changed Doug's life. In one hour more people saw Doug Henning's magic than saw Houdini during his entire lifetime.

Henning recently wrote his first book, entitled "Houdini: His Legend and His Magic." The book includes hundreds of pictures from Houdini's personal scrapbooks, and presents the legendary escape artist through the eyes of Doug Henning as a young magician.

In 1978-79 Doug put together a two-hour production, and took it on tour to 46 major U.S. cities. That was the first time a magician has toured with such an elaborate road show since the 1930's.

All these accomplishments along with many more are only milestones in Doug Henning's career. At 34 he is the only modern magician who can possibly be compared with the great Houdini. In his 15 years as a professional magician, Henning has taken a dying art and revived it as a popular theatrical art form. He has put the wonder back into hearts and the magic back into lives. Anyone who has seen him perform knows that Doug Henning's magic is not



Chaser at Fargos.  
Group 87, at The Keystone, in Berkeley.  
Joaquin Kevian, Lambo's  
The Glen Walters Band, at Mr. Hyde's.  
Whiskey Hill, at The Princeton Inn.

## bulletin board

The Fine Arts Division of CSM will present Gilbert and Sullivan's "The Mikado" in the CSM Main Theater March 16-21. All shows start at 8 pm, admission is \$3. For more information call 574-6208.

•••

The Second Annual Redwood City Battle of the Bands will be held March 21 at 7:30 pm at the Sequoia Fox Theater on Broadway. Eight promising local bands will be performing. Tickets are \$4 in advance from the Redwood City Rec Department or \$5 at the door. Proceeds from the concert will benefit the Rec Department's teen programs and the California Actors Theater. For more information call 369-9222.

•••

R.E.I. Co-op in Berkeley, in its continuing series of free lectures on outdoor recreation, will present a lecture on canoe equipment March 19 at 7pm, a whitewater film festival on March 21 from 12-4, and a lecture on kayaking March 26 at 8pm. For more information call 527-4140.

•••

"Razzmatazz," the spring edition of the new literary magazine "Palo Alto Review," is accepting poetry, short prose, and pen-and-ink drawings for publication. The magazine is published through the creative writing programs at Foothill College.

Award-winning poet and writer Frances Mayes is advisor to the "Razzmatazz" editorial staff, which invites writers and artists of all ages to submit material prior to March 30. No more than five works will be considered from each person.

Submissions should be sent to:  
Razzmatazz

Palo Alto Center-Foothill College  
348 Waverly Street  
Palo Alto, CA 94301

Any submission accompanied by a stamped, self-addressed envelope will be returned to the author. The writer's or artist's name, address, and phone number should be printed on each page.

For further details, contact editorial staff member Kim Hauser at 856-2381 or 494-1165.

•••

If you are a dog or cat owner, watch your mailbox this week for THE DOG AND CAT OWNER'S SURVIVAL MANUAL, published as a public service by Pets In Need, a non-profit animal welfare agency serving the Peninsula.

The kit includes a 16 page brochure that deals with such subjects as: what to do in the case of lost and found pets, what to do if you can no longer keep a pet, why, how, and where to tag and spay or neuter pets, and how to keep pets at home and safe. A resource guide is included listing Peninsula emergency veterinary clinics, low cost vaccination and spay clinics, shelters, animal control, newspapers and radio stations taking lost and found ads, and all animal welfare agencies.

Pets in Need urges everyone to keep these materials handy. They could someday be crucial to your pet's well being. Anyone not receiving a copy, or wanting extras can get them by calling Pets In Need at 327-8327.

vulgar, drunken sod that he often times was.

Some of Jimi's reworkings such as "Red House" are magnificent, but as a whole this album lacks coherence and probably should have stayed the unreleased, hidden tape it was.

"Boy" U2

U2, Britain's favorite critically acclaimed band have possibly put out with "Boy" the best post-punk new wave album yet.

Already popular as an import, this album is just being released domestically.

U2 pour out their young hearts in a breathless surge starting with "I Will Follow" and continuing until end.

Steve Lillywhite, one of the best young producers around has managed to bring the bands talent and creativity to the fore in a neatly cohesive and stirring album.

Rich vocals and mind melting acidic guitar give every song a power and fullness that defies ignoring.

"Wheels of Steel" Saxon

Saxon are the surprisingly neglected new group in the burgeoning British fold of Heavy Metal bands such as Def Leppard.

The songs "Wheels of Steel," "747 (Stranger in the Night)," and "Stallions of the Highway" could all become heavy metal classics if they were given sufficient radio airplay.

Maybe a bit too rugged for the average American taste, this album is definitely for those who like listening to good loud rock while breezing down 280.

"Signing Off" UB40

Hailed as England's new savior from the ska-reggae representation UB40 have delivered a pleasant if not wholly gratifying album after the promise of reggae rescue for the USA.


UB40 use subtle dub techniques, floating sax, and chirping guitars that complement the gutsy political stance with a soft, positive feeling.

Included in the album are the band's British singels such as "Food for Thought" and "Earth Dies

### Bike stolen here

If anyone witnessed the removal of a metallic blue Kawasaki motorcycle, with blue exhaust from the motorcycle parking lot near the gymnasium between the hours of 1 and 3 pm on the day of March 11 and can identify said person, they are urged to call 369-2128 any evening. A large reward is being offered for the return of this bike. All information will be kept in strict confidence.

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only what he does. But also in who he is.

The new "Gap Band III" album contains mostly easy songs that you might want to listen to over a glass of wine with that special person. "When I Look Into Your Eyes" and "Yearning For Your Love" are such "kick-back" songs.

The one song that makes this album jam is "Burn Rubber on Me (Why You Wanna Hurt Me)." Not only has this cut been number one soul hit for a number of weeks, but it has contributed greatly to making the whole album number one soul album for about the same time. "Burn Rubber On Me," beginning with sound of a car burning rubber, features a variation of electric guitars, and tells about the hurt and pain involved in relationships we may get into.

"Nothing" Comes to Sleepers," "Are You Living," and "The Way" analytically look at life and what we're here for. These three mellow songs give that touch of philosophical meaning and add greatly to the substance and structure of the whole album.

And, of course, we have our hard-luck-in-love single to make the album complete. "Sweet Caroline" is about that lost love. I wonder why she wanted to "burn rubber" on her lover?

Congrats to the Wilson brothers who came out with this golden-ripe album.

Tom Fleming

only what he does. But also in who he is.



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That's significant for two reasons. Obviously, that's a lot of money. But what you may not have realized is that two years is the shortest military enlistment available. Only the Army can offer you both.

VEAP is a great way to make it on your own. Since it's not a loan, you won't need a co-signer or collateral. And you'll never have to worry about making payments after graduation.

It's strictly a savings program, and the money is all yours for school.

VEAP is surprisingly simple. If you save between \$25 and \$100 each month while you're in the Army, the government will match your savings two-for-one. And, on top of that, you might even qualify for the exclusive Army educational bonus of \$8,000.

And remember, in just two years, you'll be back in school.

Serve your country as you serve yourself. Call 800-421-4422. In California, call 800-252-0011. Alaska and Hawaii, 800-423-2244. Better yet, look in the Yellow Pages under "Recruiting."

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\*Maximum individual contribution in the program  
\*\*Certain 4-year enlistments can get you as much as \$24,100



## ARMY. BE ALL YOU CAN BE.





# Student speaks of Vietnam

Tam To works part-time at the job placement bureau. Her job is helping Vietnamese students with the English language. She is an accounting student from Vietnam.

She tells of the present condition in Vietnam. "...In Vietnam since the new government took over in April, 1975, the situation is so bad, it is a region of terror. People die every day, every hour and life is too short. There is no hope and no future."

Tam's father was a naval officer. The new government put him in jail. "Having him in prison, frightened the whole family. So we decided to leave our beloved country. I love my country very much. But what can I do? I have no choice," said Tam. "Me and my family left Vietnam in September, 1978. Tam remembered her trip from Vietnam to America was terrible, boring and frightening. We traveled by boat and took many days to get here. We were looking for peace and hope, so we didn't complain about our trip."

How does Tam like living in America?

She explained, "I missed my country, friends relatives, school too much. In general, living here is a temporary place to me...It is not cultural shock to me, but I don't know. Here everything is so quick. Anyway I love America."

Tam will graduate at the end of this semester majoring in accounting.

After you graduate what do you plan for the future? "I plan to transfer to Hayward and study Business Administration. After I finish my education," she smiled, "I have a dream. A dream which is very valuable to me and others: that is HELPING people as much as I can. I go to VISTA. So I will register there and help in any way, in all my knowledge, skill and time."

How does Tam like her job? "I love my job! Because I love social work, helping people and my job puts my theory into practice which is to communicate with people."

Does Tam want to be married?

Tam said "As you know, if I get married and have kids it doesn't give me enough time to work with people whenever I like wherever I want. I don't mean having kids or family will make me selfish, but, for my kind of feeling which is, traveling everywhere and doing something useful for people, is very hard. I love kids. But maybe after I am fully successful with my work and dreams. But not now."

Tam has three brothers and two sisters. All, but the youngest attend Canada.

Talon Mulugeta

## Ophthalmics lab offers eyeglass services

Do you need your eyeglasses repaired at no cost? Or perhaps you would like to buy contact lenses at a reduced rate? If you desire either, stop in at the Ophthalmics Department, building 18, room 317 on Tuesdays and Thursdays between 10 a.m. and noon.

All this wouldn't have been possible if it hadn't been for Mark Mattison-Shupnick, Canada's energetic, self-taught Ophthalmology teacher. Mattison-Shupnick received a grant from the Vocational Education Act, putting it together with only about 23 students, five years ago. During the second year, the Ophthalmics program expanded as they received aid from the Department of Health, Education and Welfare. This year, funded by the district, they have about a hundred students and the only

accredited Ophthalmology Department in the state!

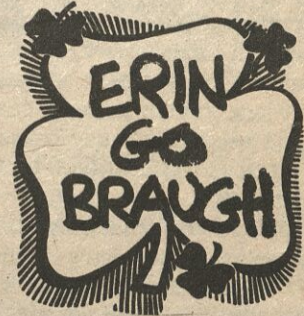
The Bay Area is apparently the only place in California for ophthalmology, or "the study of the eyes." One student in ophthalmics, Renea Woodworth, claims that she used to commute from Sacramento to the Bay Area solely to pursue her goal of receiving an Associate in Science degree in Ophthalmic Dispensing, the result of completing two years of intensive study in this field.

According to Mattison-Shupnick, most students are employed during their first summer in this program. With hundreds of optical instruments available, bona fide jobs, a day-evening program and a outstanding teacher, how can you go wrong?

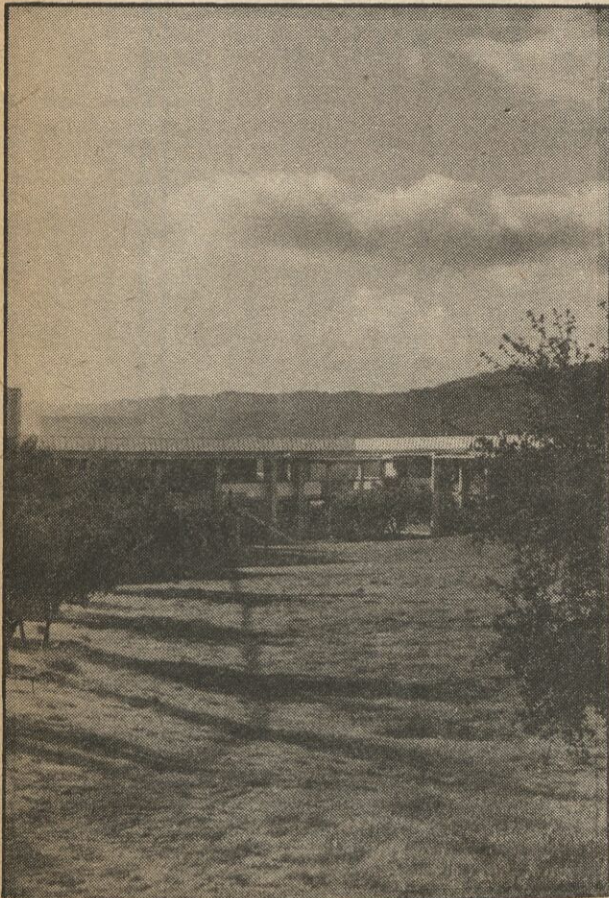
Tom Fleming

## CSEA awards offered

Two \$250 scholarships from Canada's California School Employees Association will be awarded at a dinner in May. The three-campus and district office employee association raised \$1,500 at their annual Christmas lunch by raffling off hand-made door prizes, and other contributions. The \$1,500 was divided between the three campuses to be awarded to two students from each campus. Students who are interested in competing for the awards should see Bonny Upton in the Counseling Office, Room 215, Building 5, across the hall from the Registration Office. Deadline for the return of the applications is April 10. The awards dinner will be attended by union members from the District Office and the three campuses, with the six winners as honored guests.



## Rhoads raps on quakes: 'Buildings laid in bedrock'



How well are Canada students protected against an impending earthquake? "We have medical supplies in four separate locations around campus and we have trained personnel to handle just such an emergency. But you never know how trained they are until it happens," John Rhoads, Director of Operations, was quick to add.

Rhoads said there is no danger of the buildings falling during a quake. "The buildings are laid in bedrock. If they were to go down I don't think there would be anything left in the general area either."

Rhoads commented that the main hazard of a quake would be falling objects such as lights, books, cabinets, and shelves. He added that gas lines, and water mains would probably break but that gas lines would shut automatically.

Following the aftershock, transportation of the wounded would be a major concern. "Casualties could be transported via personal cars or, if necessary, by helicopter from the upper parking lots."

If stranded on campus, water would be no problem. The buildings have 200 gallon hot water tanks in their basements. Food from the cafeteria would last about three days.

The worst time for a quake would be during the night classes because of the likelihood of losing power. "Battery packs located in the cafeteria, main theatre, and gym would last 4 to 5 hours," said Rhoads.

Although there is no history of earthquake damage, Canada sits directly atop the San Andreas fault. As San Francisco stoically awaits its next big quake, Canada students should also be aware of the potentialities here, on the Peninsula.

Is Canada ready for the earthquake that's coming?

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# SPORTSPORTSPORTSPORTSPORTSPORTS

## Cagers end with two wins

Although they had been knocked out of any playoff hopes, the Canada Basketball team bounced back to win their last two games of the season.

In the two games, the Colts steamrolled CSM for third time this season by 25 points, and held off a late DeAnza rally near the end of the game to defeat DeAnza, who did make the playoffs, in the Colts' final game. Canada finished the second half of the season with a 6-3 record, second only to City College of San Francisco, the Golden Gate Conference champions.

"I was very pleased with the second half of the season," said Basketball coach Bub Bowling, whose squad was only a few games out of the final playoff spot.

But once again in the series of games that put the Colts at a handicap early in the season was a series of three home games during the Christmas break against Laney, Foothill, and San Jose City. Canada lost all three of those games, and from that point on the season was an uphill battle for the Colts, a battle that they almost won.

"We did have a dry spell losing three games at home, but the team did a good job of rallying around each other and hung in there," Bowling added.

Bowling also noted Don Stremme, Charles Patton, Mark Alger, Chris Hawkins, Bill Minor, and Pat Rodgers. These sophomores used their competitiveness and

stability to lead the Colts in their turn around in the second round. And with a good nucleus of returning freshmen, Bowling is looking forward to next year's team.

Bowling said that he has talked to some local high school athletes as far as recruiting is concerned, but due to most of the ballplayers being in playoffs and tournament play, has not received any commitments yet.

"We just got off to a horrible start, when this happens it is hard not to throw in the towel, but the team still played competitively the second half of the season," Bowling stated.

But once again the three games the Colts lost at home comes into play. "In order for us to have had a truly outstanding season we get back to those three home games. If we would have won even one of those games, we would have been okay, two wins would have been great.

"This is a very competitive league. Go to the baseball coach, and he'll say the same thing, tennis coach, the same thing, golf, the same, soccer, the same. The league has the best preseason win-loss record in all sports against the other leagues in California, and a team can lose to anyone within the league while injuries just makes matters worse," Bowling added.

Another aspect was that Canada lost eight of their 12 games by six points or less, so the team was playing

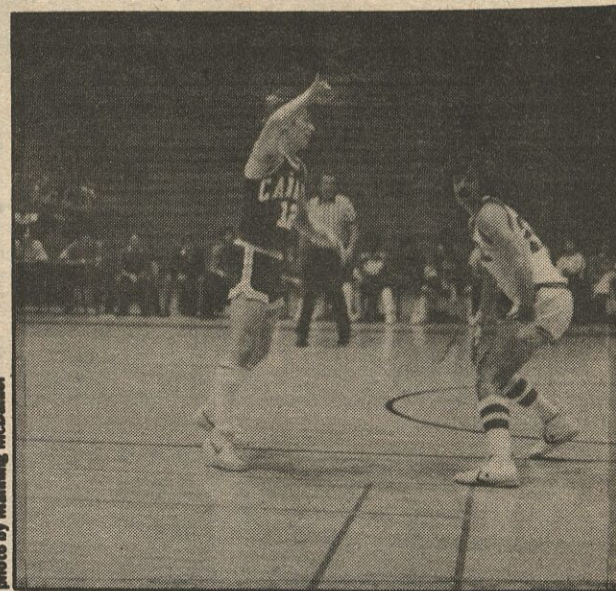


photo by Manning McDaniel

Guard Don Stremme looks for a teammate while being hounded by a Foothill player. Stremme, along with fellow sophomores Charles Patton, Pat Rodgers, Chris Hawkins, Mark Alger and Bill Minor were vital members of the Basketball squad.

competitively in every game they played this year, as well as being capable of winning every contest they played.

The wins over CSM and De Anza raised the Colts' final league standings to 9-9 and overall record at 16-12.

Dan Smith

## COLLEGE GRADS: WE'LL FORGIVE YOUR GOVERNMENT LOAN

If you join the U.S. Army (either active or reserve) the Federal Government will now **forgive your U.S. Government loan for education.** Here are the details:

Enlist in the Active Army or Army Reserve before October 1, 1981.

Loan must have been made after October 1, 1975, and before enlistment.

Guaranteed Student Loans, Part B of the Higher Education Act of 1965, and National Direct Student Loans, Part E of the Higher Education Act of 1965 are the loans which may be forgiven.

For active duty service, one third of the loan, or \$1,500 (whichever is greater) will be forgiven for each year of service.

For reserve service, 15% of the loan, or \$500 (whichever is greater) will be forgiven for each year of service.

You must enlist for a critical skill needed by the Army.

Army education benefits, including the \$20,100 Ultra-VEAP education package for active Army and the \$4,000 educational assistance bonus for Army Reserve, are available in conjunction with loan forgiveness.

Call today for more information about this exciting program. Or see your local Army recruiter. He's in the Yellow Pages under "Recruiting."

SSC Kermit York  
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### BE ALL YOU CAN BE

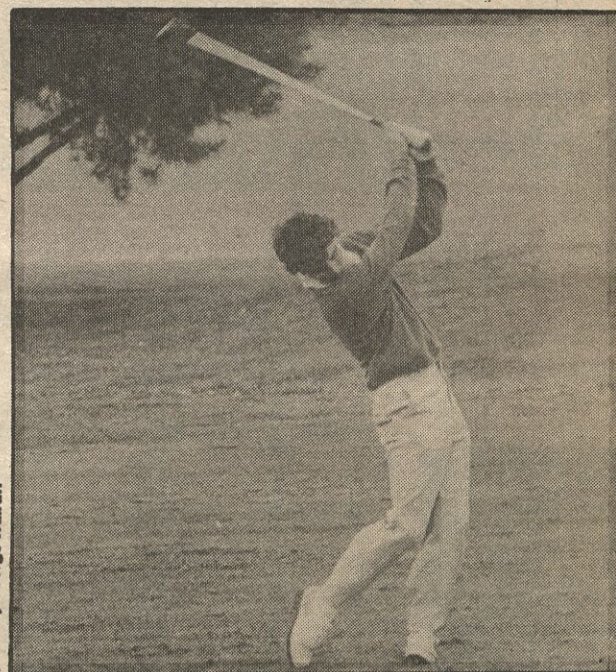


photo by George Wahruff

Fred Maurer is one of the many consistent golfers on this year's team, which has compiled an overall record of 5-1-1.

## Golfers show form

The Canada Colt Golfers improved their record to 3-1 in Golden Gate Conference play last week with an impressive 5-1-1 overall.

The Colts soundly defeated host Hartnell College, 38-16, thanks to Dennis Mitchell and Joby Ross, who shared medalist honors over the difficult par-72 course at Fort Ord, each firing at respectable nine-over-par 81.

The Colts then routed visiting City College of San Francisco 54-0. Mitchell again earned medalist honors, shooting a fine two-over par 72. Mitchell received fine support from Chris Stein, who fired a 73 for the Colts. Fred Maurer was next lowest with a 75, followed by Ross' 78, and Orhan Etiz's 79.

The Colts had an excellent afternoon against visiting Hartnell, as they again routed their foes, this time 46-8. The Colts averaged an impressive 76 as a team. Stein earned medalist honors with a sizzling one-over-par 71. Maurer had another fine afternoon, shooting a 74 for the Colts.

The Colts then travelled to Del Rio Country Club to take on tough Modesto in a non-conference match. Both teams battled gusty winds all afternoon, and the match ended in a 681-681 tie. Mitchell and Stein were low men for the Colts, Mitchell shot a six-over-par 78, while Stein fired an eight-over-par 80.

Hans Jensen



# SPORTSPORTSPORTSPORTSPORTSPORTS

## Letter from \_\_\_\_\_ the Trainer

Dear Editor:

If People follow Dan Smith's advice from his Right Angle article in the Feb. 13 Weathervane, they may end up treating injuries incorrectly, warming up improperly, and spending unnecessary amounts of money on expensive training equipment inappropriate for their training needs to enjoy the sport of jogging or any other physical activities.

The article was full of fallacies and incorrect information. It is unfortunate that Mr. Smith did not take the time to search out correct information regarding such a relevant topic. Since so much has been written in research journals and there are several very qualified people in the physical education department faculty who could have given him very up-to-date and accurate information. For the benefit of the many jogging enthusiasts on this campus, I think it is important that corrections be made at this time in this letter to re-educate our readers in correct theories in the areas discussed in Mr. Smith's article. The first area of mention was the choosing of jogging shoes. The runner's personality should have nothing to do with this choice. The type of training (distance, type of surface, terrain), foot shape (narrow or wide), and general overall comfort of the shoe should be the considerations taken into mind when buying a shoe. In his article he also indicated the inexpensive shoe will probably end up giving you blisters where the big name brands won't. Any shoe no matter how expensive if fitted incorrectly or not broken in properly will give blisters. Another item of interest concerning shoes is that many of the inexpensive brands buy their soles from name brands from companies like Adidas and just put slightly less expensive uppers on them with their own logo. Concerning the amount of cushioning in shoes, middle distance runners do not run in shoes that are almost cushionless. This would end up in endless distances of half mile to 5,000 meters, (3.1 miles), not less than one mile as Dan Smith stated.

On to clothing; vinyl-synthetic sweatsuits are not recommended for long training periods because it doesn't let your body heat escape and may cause heat stroke. There are other fabrics sold which allow heat transfer and avoid this problem.

As for shin-splints—they are not a vertical split in the calf muscle. Shin splints, in layman's terminology means pain in the lower leg-anywhere; although it is usually an inflammatory condition involving the tibialis anterior or posterior muscles. The causes are too numerous discuss here and should one think he has this problem help should be sought from a trainer or doctor familiar with running injuries. Under no circumstances should you try to "run it out." This injury can take weeks or months get rid of, not only a week or less as the article stated, depending on the cause of the "shin splint." Long Slow Distance Training (LSD) as referred to by Dan would only provide conditioning for one already in excellent shape. This is totally incorrect. The unconditioned runner could actually get a greater conditioning effect on the cardiovascular system than the highly conditioned athlete with slow training. The better shape you are in, the faster pulse rate you must train at, to obtain a conditioning effect.

Stretching—to avoid pulling muscles one should not do toe-touching—this is a ballistic movement and can cause loss in flexibility and minute tears in the muscle tissue. Toe raises do not stretch the calf muscle, but are a strengthening exercise. A good warmup should consist of 10-20 minutes of good stretching with at least one good stretch for each of the major muscle groups, especially the lower extremities for the runner. We have a sheet printed, that is available through the training room for anyone interested in having a good flexibility program.

In conclusion, I hope this will help all those who read the first article down the proper pathways to training and fitness, and also hope that this letter will serve as an example to other writers not to write about something they know nothing about without properly researching it first.

Jo Silken, A.T.C.

Certified Athletic Trainer  
Head Trainer at Canada College

## Batters swoon in GGC play

In the wake of an impressive preseason start, the Canada baseball team has run into a minor slump, losing their first two Golden Gate Conference games by a combined score of 13-1.

In the latest two preseason contests that the team has played, the Colts defeated Contra Costa College, and avenged their first loss of the season defeating Merced College at Merced.

Canada took an early lead against Contra Costa and never looked back. Third baseman Mike Madsen led the Colts' offensive attack with a home run, which was the first homer hit by a Canada player this year.

In the first GGC game in Pittsburg, near the Diablo Valley College campus, Canada played the Vikings to a 5-5 tie until the game was called due to darkness.

The Merced game marked the arrival of basketball player Rich Belli, who made his presence felt right away hitting a home run of his own, while center fielder Dino Nomicos added two hits in each of the games.

Then the Colts lost by a score of 5-1 against City College of San Francisco, and soon after lost again to De Anza 8-0.

"We just haven't been able to execute," said Mike Madsen, "We would fall behind early in the game, then the guys would start to get down on themselves."

In their last outing, the Colts absorbed a 14-1 defeat against West Valley Tuesday afternoon, to make their Golden Gate Conference record 0-3-1 and 4-4-1 overall. Canada's next home game is Tuesday against Chabot, while they play Foothill at 11 tomorrow at Foothill.

Dan Smith

## Tennis squad awaits critical foothill match

The powerful Canada Colts Tennis team improved their record to 4-2 overall, and 1-0 in Golden Gate Conference play.

After losing to tough Cal Berkeley, 9-0 on Feb. 25, the Colts opened their 1981 Golden Gate Conference play with an impressive 9-0 shutout on host Chabot on Feb. 27. The Colts didn't lose a single set all day, and never lost more than four games in any one set. Ex-Burlingame High standout Mike Floyd looked very sharp at number two singles, winning easily 6-1, 6-1.

Against the tough San Jose State Spartans, the visiting Colts won a thriller, 5-4, on Mar. 3. Former Hillsdale High player Frank "Zappy" Apecechea fought off a total of six match points before finally winning 7-5, 4-6, 7-6, winning the tie-breaker by a score of 5-4, in fifth singles. Karl Miller played well for the Colts in sixth singles, as the left-hander fought off two match points before triumphing 4-6, 7-5, 6-3. However, it wasn't the second doubles team of Ed Gammel and Mark Burchett who clinched the well-earned win with a 7-5, 7-6 victory. It

was the first time the Colt netters defeated the Spartans in Rich Anderson's two year career at Canada.

The Colts then traveled to Palo Alto to face the powerhouse Stanford Cardinals on March 5. The Cards, even without the services of their outstanding number one man Tim Mayotte, still had plenty to soundly defeat the Colts, 8-1. Only the outstanding play of Carl Miller in sixth singles prevented the shutout. Miller breezed to an impressive 6-1, 6-1 victory.

The Colts bounced back with a decisive 8-1 victory over the visiting Santa Clara Broncos, on March 6. Jacques Ervet, who is slowly coming back from a nagging foot injury, played very well in number two singles for the Colts, winning handily, 6-4, 6-0.

The Colts are eagerly awaiting their annual showdown with arch-rival Foothill College. The two powerhouses are scheduled to meet today at the Canada Tennis courts at 2:00. It promises to be an exciting day of tennis, as both teams are battling for both Golden Gate Conference and Nor-Cal supremacy.

Hans Jensen

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ST. LUKE'S





# Weatherpane



VOL. 13 NO. 10

CANADA COLLEGE

MARCH 13, 1981

## *Is this Cañada's next President?*



photo by Diana Coe

A Canada student ponders a changing of the season, a changing of the

administration, and a somewhat revolutionary changing of her study habits.



# Bank of America

Continued from Page One

Events. Here, the winners from different colleges participate in group discussions on topics related to their study fields before a panel of judges.

When asked if it was a nervous experience, Madelaine Bennett replied "it was a very different experience. It wasn't something you could study for. You were scored on the way you presented your ideas in discussion and the way you handled yourself." Madelaine, also a reentry student, would like to pursue a career as a chef. She would use the winnings to further her education by traveling to different countries and watching the great chefs in practice.

The area winners are determined by the result of the discussions and the student's academic record. Two students from each of four fields are selected and advance to the final selection. All other participants receive \$150.

At the finals, the area winners again appear before a judging panel in different discussions. The announcement of the final winners is made at a banquet honoring the finalists. Final first place winners in each field earn the top award of \$2500, with second place earning \$1500, and third place receiving \$1000. All other finalists receive \$500.

Melody Heard, is not a reentry student, but hasn't been to school since she graduated high school a few years ago. Her husband went through school and now, she says, "It's her turn." She's majoring in biology and hopes to pursue her career in physical therapy. If she won the prize money it would certainly go towards tuition at Stanford or UC Medical School. Both are two expensive private schools, but unfortunately are the only two that offer a good physical therapy program.

Lee Sontag, involved in college relations and counseling, says, "I personally feel we have strong candidates who will prove to be more than competitive with the other schools." The women appear to be hopeful and excited about the approaching competitions.

## HCOP meets with Ferguson

Continued from Page 3

HCOP has given me the help that my high school didn't. HCOP is personal, I have been given a lot of direction. I am going to go on to become a doctor."

Elizabeth Darker is another HCOP student. She plans a career in the medical sciences. "HCOP has given me basic direction. They have presented speakers and materials which have expanded my knowledge of what is available in the medical sciences."

The administration's decision to discontinue HCOP was reported in a recent 'Vane' editorial. At a time when community colleges are struggling for new and more meaningful identities, it seems sad indeed that such a beneficial program has been halted.

Diana Coe

# Job Ops...

**SALES-INTERIOR DESIGN** for drapery company. Full time Tues thru Sat. Menlo Park. Work in store and make in-home estimates. Mature person-interior design interest.

D650

**SALES-DATA PROCESSING SUPPLIES** Full Time; training program. knowledge of German helpful Earnings \$15,000 yr plus Mt. View

T650

**ARTS ADMINISTRATOR ASSISTANT** organization that promotes the arts and organizes volunteer activity on the Peninsula. Salary \$6 hr. 30 hrs per week 9 mo. contract subject of funding.

Palo Alto C200

**INSIDE SALES** for Manufacturers Rep. electronic components. Expediting, customer contact, liaison. Typing helpful Menlo Park

M200

**OFFICE ASSISTANT IV** for Stanford Hospital. Dispatching experience and maintenance-construction scheduling. Progress reports. Knowledge of Data Processing helpful. \$6.57 per hr.

S100

**CORRESPONDENCE CLERK** for Western Electric job located in San Leandro, salary \$185.25 per week. Type 45 wpm. Good benefits package.

W200

**PROCESS DEVELOPMENT TECHS** for Clorox Co. job location Pleasanton. 40 percent benchwork and 60 percent plant experimentation in consumer products. \$1200 to \$1300 per month to start. Bckgrnd in Math and Chemistry.

C450

3 positions, **SECY, ADMIN. ASS'T** for Trust for Public Lands \$12 to \$13,000 per yr. Jobs located in S.F.

T200

**ADVERTISING TRAINEE**-yardgoods store 30 to 40 hrs per week. Typing, printing, camera work, sign making, scheduling of ads. Learn layout, paste up, velox making. Start at \$4 hr.

H400

**SR. COMPUTER OPERATORS** for Hospital in Burlingame. Full-time Graveyard shift and part time Sat. & Sun. graveyard. Able to operate, monitor and control electronic digital terminal. 2 yrs. exp. min.

F450

**ORDER ENTRY-DATE ENTRY CLERK** for electronics firm. \$5.50 per hr. work in marketing department. should know 10 key by touch. Menlo Park type 50 wpm

M1024

**COUNTER PERSON**-Car Rental Agency Take reservations, check references, fill out forms, good public relations skills. work 2 to 6 or 7 p.m. weekdays and 9 a.m. to 3 p.m. weekends. \$3.75 hr. to start San Carlos

B1025

**CASHIERS AND RECEPTIONISTS** (4 openings) Retail jewelry store. typing required for receptionists. (light) Nice phone manner. Redwood City \$3.75 to start

G1026

**FOOD PREP** for dinner restaurant in Woodside work 5 p.m. to 10 p.m. Sun thru Wed. prefer student with experience in food service or in classes at Canada. \$3.35 hr and up.

S1027